

# THE SPA



# THE SPA JOURNEY







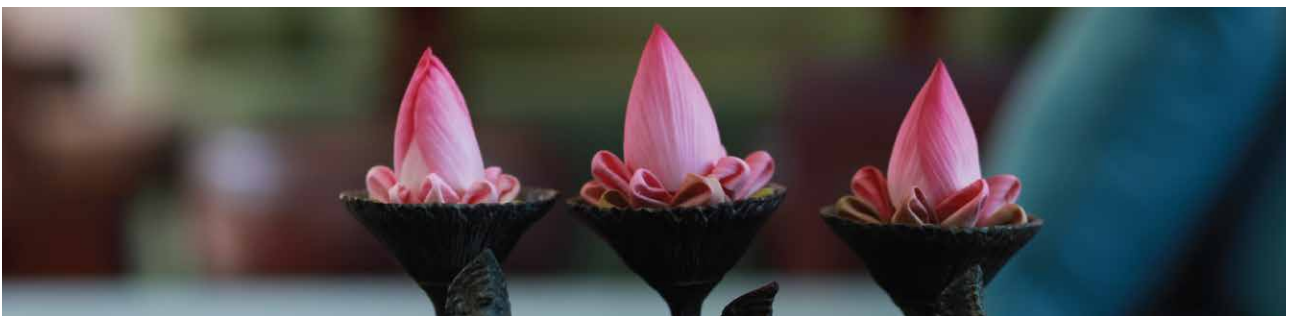
"In the peaceful oasis of our spa,  
find the health and contentment that  
nurture your mind, body, and soul."

Experience an unforgettable journey  
that will enliven your senses and awaken your spirit.

Surrender yourself to the astonishingly  
exotic and graceful touch of Khmer-inspired hand and foot  
cleansing rituals.

Surrender yourself to our haven of tranquillity,  
purity, energy or balance, an urban sanctuary,  
a refuge from the hurried storm of modern life.

Within its calm, pristine, zen-like surroundings, The Spa  
is the ideal environment to explore the remarkable restorative powers of  
quiet repose, personal attention and total indulgence for the mind, body and soul.



## THE SPA TRANSFORMATION

Celebrating Cambodia's traditional healing and beauty rituals through an artfully series of therapies designed to put you on the path to wellness.

Combining potent floral extracts, intuitive touch and the grace of the Apsaras, The Spa celebrates the vital connections between present and past, earth and body and promote life's harmony with the natural world.

Gracefully and smoothly, The Spa's treatments help rediscover the serenity, purity and beauty you seek.





# TRADITIONAL KHMER TREATMENT

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Allow the ancient Khmer traditional treatments and therapies to awaken your senses. Restore vitality inside and out with our selection of natural body scrubs & facial.

## TRADITION KHMER

60/90 minutes, USD 70/99

Inspired by practices passed down from generation to generation in Siem Reap, soak in the healing energy of this yoga-like massage. Pressure point stimulation on the feet and deep tissues of the body combines with deep pressure manipulation and gentle stretching to bring about true serenity.

## KHMER COMPRESS

60/90 minutes, USD 70/99

Steamed herbal compresses carrying the relief of ginger, lemongrass and kaffir leaves are the perfect antidote to tension and pain. Applied to release their heat deep into targeted muscles, oil massage follows to stimulate, relax, reduce pain and swelling, and release stagnation.

## SESAME & HONEY SCRUB

60 minutes, USD 55

Delicately ground jasmine rice and a few rose & lotus petals to create a sumptuous feast for the body to calm the senses while gentle exfoliation, moisturizing and softening, leaving skin firm with a finer texture.

## JASMIN RICE SCRUB

60 minutes, USD 55

Natural ingredients of rice and tamarind are used to exfoliate, nourish and tone the skin while stimulating circulation. The health benefits of honey have long been well known, and in this instance, encourage the growth of new cells

## COFFEE SCRUB

60 minutes, USD 55

This spa treatment will invigorate your senses as it smoothes the skin. Enjoy the fantastic aromas and powerful properties of caffeine, reputed to reduce the appearance of cellulite, eradicate free-radicals and detoxify your skin cells.

## NATURAL FACIAL

60 minutes, USD 55

This beauty facial only uses natural and fresh ingredients of flowers, spices, herbs and leaves. These products have been used in KHMER for generations for their beautifying and healing qualities. This facial treatment is deep cleansing, exfoliating and detoxifying, leaving your skin feeling soft and clean.

Prices are quoted in us dollars and subject to a service charge, applicable government taxes.







## THE SPA PACKAGE

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### SERENITY

120 minutes, USD 155

Unfold into a place of deepest relaxation. We utilize patented hydration technology to reduce skin hydration, one of the major causes of pre-mature ageing, while gentle touch direct the body and the spirit to a place of inner peace and pure serenity.

*Signature Massage | Express Facial*

### ENERGY

180 minutes, USD 190

Realigning the spirit with an uplifting energy, wake up the body with invigorating therapy and replenishing hydration and regain clear focus.

*Herbal Bath | Khmer Massage | Aroma Facial*

### PURITY

150 minutes, USD 215

Eliminating the unnecessary and restoring the essential, this cleansing and replenishing sequence blends Cambodian treasures with healing touch.

*Red Lotus & Rose Scrub | Palm Wrap | Deep Tissue Massage*

### THE SPA SOLO JOURNEY

210 minutes, USD 180

Indulge in a personalized escape with our Solo Spa Experience. This exclusive package offers a blend of luxurious treatments tailored to your individual needs, ensuring a day of ultimate relaxation and rejuvenation.

*Natural Scrub | Khmer Massage | Natural Facial*

### THE SPA COUPLE JOURNEY

210 minutes, USD 528

Escape to tranquility with our exclusive Romantic Spa Package, Being your journey with a personalized introduction to basic massage techniques, guide by therapist and the unique experience with perfect blend of relaxing & romance that will leave you feeling pampered and connected.

*Massage Training | Relaxing Bath | Signature Massage*

Prices are quoted in us dollars and subject to a service charge, applicable government taxes.



## THE SPA MASSAGE

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Massage has many sensory benefits. It provides relief from stress, prevention from injury, improved blood circulation and stimulates the mind. So... relax, it's good for you!

**SIGNATURE** 60/90 minutes, USD 70/99

Soft and gentle, expert effleurage and pressure point massage releases emotional tension, improves sleep and soothes the nervous system. You'll enjoy as locals do, with fragrant oils to nourish and beautify your full body.

**SWEDISH** 60/90 minutes, USD 70/99

Palm pressure is applied in long firm strokes to work deep into the muscles, releasing energy flow and vitality throughout the whole body.

**DEEP TISSUE** 60/90 minutes, USD 70/99

Eliminating stagnation and pain, our deep tissue massage focuses on the back, calves and neck. Your therapist actively redirects circulation to reduce muscle aches and increase vitality.

**BACK MASSAGE** 60 minutes, USD 70

Palm pressure, applied in long firm strokes, works deep into the muscles in your back, neck and shoulders, to loosen tight muscles and ease tension. This massage is extremely beneficial to those who suffer from back-ache and head-aches.

**FOOT MASSAGE** 60 minutes, USD 70

A time-honored, Eastern tradition, thumb pressure to reflex points on the feet not only relieves tired, aching feet but also relieves blockages in energy flow and improves systemic functioning in the full body.





## **BODY SCRUB & WRAP**

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Treat your body to a detoxifying body scrub and cocooned in the nature's healing wrap with the banana leaves. You are delight in the sensation, and feel the smoothness of your skin and enjoy a relaxing head massage.

### **LOTUS SCRUB & PALM WRAP**

**90 minutes, USD 99**

Delicately ground jasmine rice and a few rose & lotus petals to create a sumptuous feast for the body to calm the senses while gentle exfoliation and continue with the national tree, the sugar palm represents the high hopes and aspirations of the Cambodian people. Blending with aloe vera and jasmine, the body is draped in our palm mask to replenish the body and make the skin as soft as silk. Leaving skin firm with a finer texture and moisturizing.

### **TURMERIC SCRUB & PAPAYA WRAP**

**90 minutes, USD 99**

A mixture of tradition herbs from turmeric powder and combined with the sweetness and spiciness of orange and cinnamon, essential oil full of antioxidant and lightning molecule which cleanses and remove tired skins cells. Continuing with uplifting blend of papaya and grapefruit wrapped a full-body anti-ageing skin treatment for all types except the most sensitive skin. Exfoliating and deeply nourishing to help the skin moisturize and encourages new cell growth with you'll emerge with new energy and focus.

### **LEMONGRASS SCRUB & PALM WRAP**

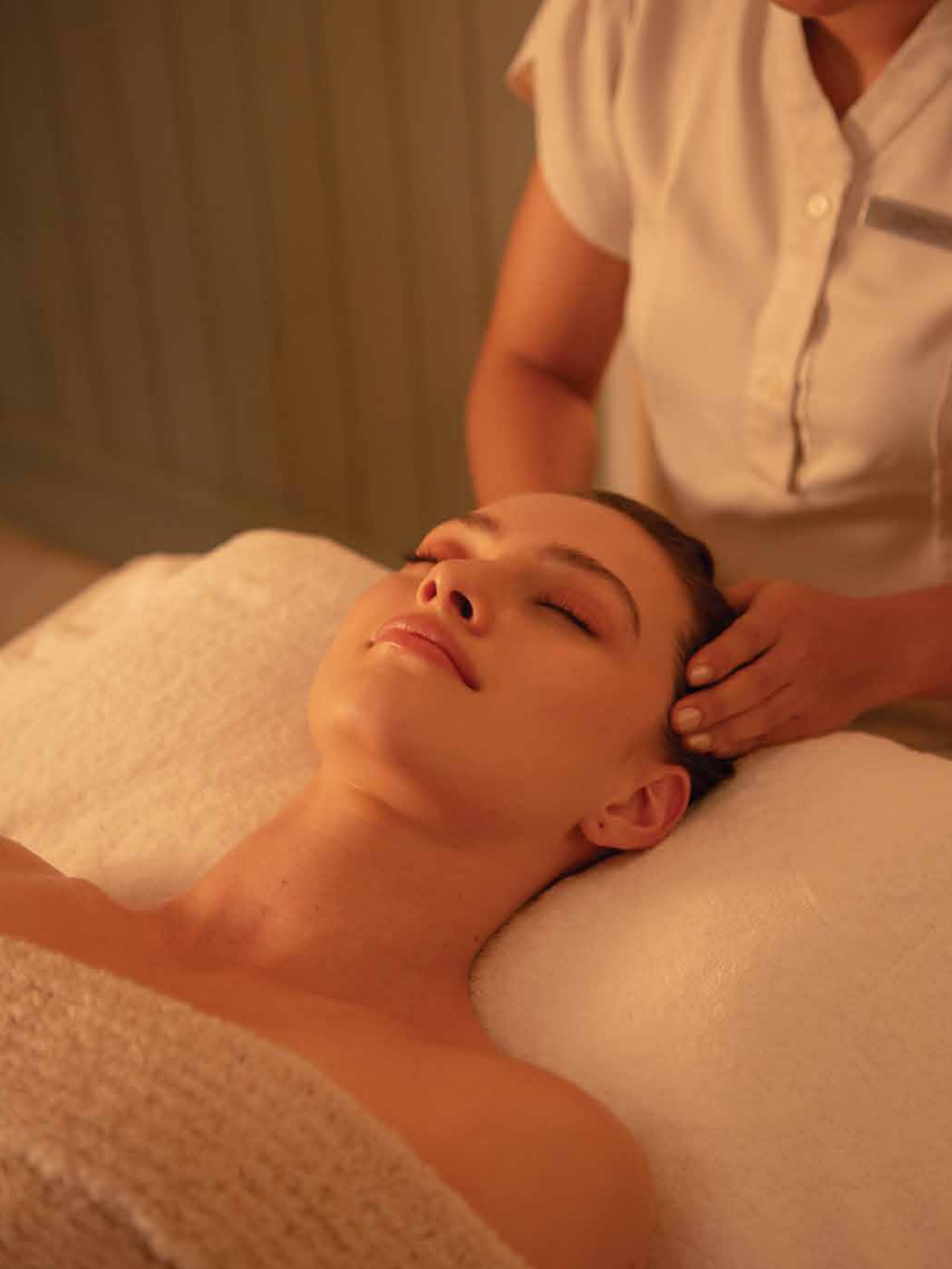
**90 minutes, USD 99**

Herbal and citrusy, this exclusive scrub mixes inspired from SE-Asian typical smell will invigorate your senses and leaving your skin a smooth and purified and following by the body is draped in our palm mask then wrapped with the banana leaf in warmth to nourish and replenish the body and make the skin as soft as silk.

### **CHOCOLATE SCRUB & WRAP**

**90 minutes, USD 99**

A delicious blend of coffee & cocoa and hydrating ingredients gives the body an intense moisture treatment. This nourishing scrub & wrap also firms the skin and improves your skin tone, increasing circulation and boosting your metabolism.





## THE SPA FACIAL

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Pevonia Botanica, is an elite natural skincare brand, with a full range of ecologically balanced, pure products. Their exclusive range of advanced products uses botanicals and marine ingredients to nourish and replenish the complexion.

### **OXYGEN-C**

**60 minutes, USD 130**

Boost skin's radiance and radically brighten while mitigating the negative effects of pollution, lifestyle and stress. Vitamin C and hyaluronic acid work together to hydrate, correct pigmentation and drench skin in reparative antioxidants. The result is a brighter, clearer, more vitalized complexion.

### **ELIXIR OF LIFE**

**60 minutes, USD 120**

Emerge with visibly tightened and toned skin, naturally. Firming with complex elastin and bioactive, this smoothing, wrinkle-reducing treatment offers relaxation and a lasting boost of fresh, youthful energy.

### **AROMA**

**60 minutes, USD 110**

This purely natural, aromatic oil facial soothes and calms. Jasmine, ylang ylang, neroli and lavender come together to eliminate dryness, reduce fine lines and richly nourish. Great for all skin types, even the most sensitive.



## THE SPA BATH

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Gentle warm water gives deep heat relief in the muscle and connective tissues of the body & mind and is good for blood circulation with a natural of fresh Khmer ingredient.

### RELAXING MILKY BATH

30 minutes, USD 55

Soak in the perfume of the Fragrant rose, lotus petals and jasmines combine with basil milk to deeply hydrate, soothe and renew, refreshing and relaxing.

### NATURAL FLORAL BATH

30 minutes, USD 45

Having hot baths are extremely important to relieve the symptoms of stress, the warm water and floating feeling of a bath can be an alternative form of meditation. Adding rose, lotus petals to your bath can help to promote relaxation, whilst the flowers generate positive energy - the perfect formula for the rejuvenation of the mind.

### KHMER HEBAL BATH

30 minutes, USD 45

Referred to as the laughing citrus in Khmer, fresh lemongrass, kaffir lime, plai, eucalyptus, herbal salt, acts to relax the body & mind, stimulate blood flow, calm the emotion and moisturizer the skin and soothe sore muscles.





## THE SPA EXTRAS

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A relaxing and restorative treatment that offers a full spectrum of wellness benefits treat your back, feet and face to a little extra attention with our spa.

### **EXPRESS FACIAL**

**30 minutes, USD 60**

This purely natural, express facial for deeply clean, soothes and calms and to eliminate dryness, reduce fine lines and richly nourish. Great for all skin types, even the most sensitive.

### **BACK MASSAGE**

**30 minutes, USD 39**

Palm pressure, applied in long firm strokes, works deep into the muscles in your back, neck and shoulders, to loosen tight muscles and ease tension. This massage is extremely beneficial to those who suffer from back-ache and head-aches.

### **SHOULDER & HEAD**

**30 minutes, USD 39**

Begin with shoulder massage to provide deep relaxation to the stressed muscles, and improves the functioning of the lymph system while you enjoy with head massage.

### **FOOT MASSAGE**

**30 minutes, USD 39**

A time-honored, Eastern tradition, thumb pressure to reflex points on the feet not only relieves tired, aching feet but also relieves blockages in energy flow and improves systemic functioning in the full body.

# YOUR GUIDE TO EXPERIENCING THE SPA



## **THE SPA HOURS**

10:00 AM to 10:00 PM, daily.

Last appointments booked at 8.30 PM.

## **RESERVATIONS**

To make your reservation at The Spa, press 'spa' or '6' on your guestroom phone. A valid credit card is required to hold your reservation. Prices are subject to change without prior notification.

## **ARRIVAL**

Please arrive 15 minutes prior to your appointment to prepare for your spa experience. Appointments begin promptly at the time scheduled. If you arrive late, your appointment will be shortened so that the therapist will be on time for the next session.

## **CONSULTATION**

All spa guests will enjoy a personalized consultation prior to their experience to determine the best treatment program. Please advise of any allergies, ailments or disabilities, especially if you have high blood pressure or are pregnant, as some services may not be appropriate for you at this time.

## **SPA ATTIRE**

The Spa will provide you with a robe and slippers for your comfort. A secured change closet will be available for your personal belongings. The spa is not responsible for any lost or misplaced items.

## **SPA ENVIRONMENT**

At The Spa, we strive to provide you with the most relaxing and soothing spa experience from the moment you arrive to the moment you leave. Kindly note this is a non-smoking facility. Please also refrain from using your mobile phone at all times while on the premises. Your cooperation in providing a quiet environment is greatly appreciated.

## **HEALTH CONSIDERATIONS**

For your comfort, please advise upon booking of any allergies, injuries or concern areas.

## **CANCELLATION**

Should you need to cancel an appointment, please contact us 24 hours prior to your scheduled appointment. Full treatment charges will be applied to late cancellations and no-shows. Late arrivals will result in a shortened appointment or the rescheduling of your appointment (charges may also apply).



## **GIFT CERTIFICATES**

Gift Certificates are available to create your own personal spa experience.

## **ADULT FACILITY**

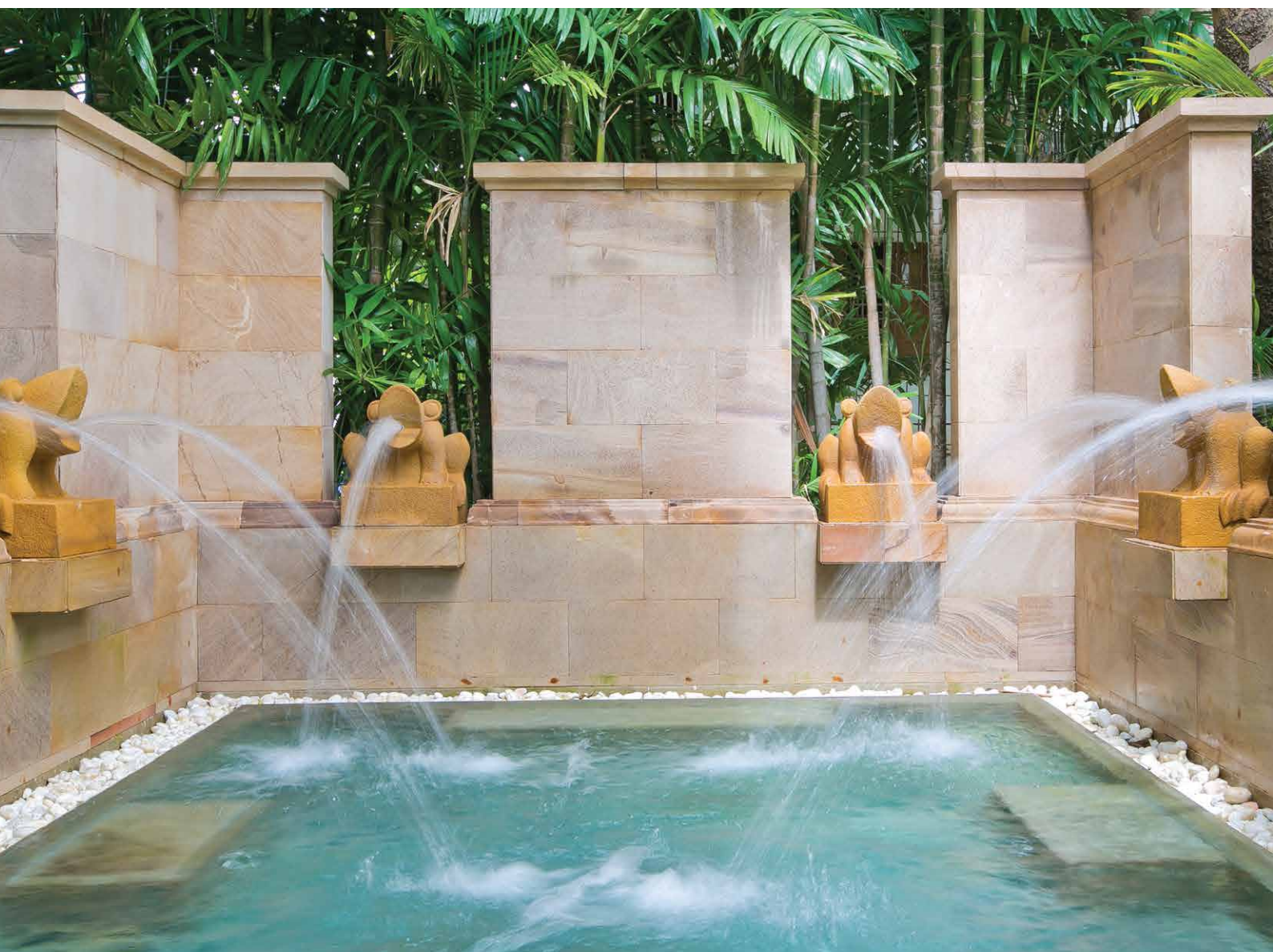
The Spa is an adult facility, available to both men and women over the age of 16 years.

## **CLAIMS**

Use of The Spa is at your own risk. Management will not be responsible under any circumstances for any injury that may be caused or loss of property while using the spa.

## **INFORMATION PRIVACY**

Because we consider the privacy and confidentiality of your information, we use your information in accordance with the Global Privacy Policy for guests located at [privacy.hyatt.com](http://privacy.hyatt.com) or by request from The Spa.











FREE-FORM SWIMMING POOL  
LOCATED AT THE 1<sup>ST</sup> FLOOR





FITNESS CENTRE  
LOCATED AT THE 1<sup>ST</sup> FLOOR INSIDE THE SPA









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