# THE SPA

# THE SPA MASSAGE

#### KHMER

#### 60 / 90 mins, USD 35.00 / 45.00

Inspired by practices passed down from generation to generation in Siem Reap, soak in the healing energy of this yoga-like massage. Pressure point stimulation on the feet and deep tissues of the body combines with deep pressure manipulation and gentle stretching to bring about true serenity.

#### COMPRESS

#### 60 / 90 mins, USD 35.00 / 45.00

Steamed herbal compresses carrying the relief of ginger, lemongrass and kaffir leaves are the perfect antidote to tension and pain. Applied to release their heat deep into targeted muscles, oil massage follows to stimulate, relax, reduce pain and swelling, and release stagnation.

#### SIGNATURE

#### 60 / 90 mins, USD 35.00 / 45.00

Soft and gentle, expert effleurage and pressure point massage releases emotional tension, improves sleep and soothes the nervous system. You'll enjoy as locals do, with fragrant oils to nourish and beautify your full body.

#### DEEP TISSUE

#### 60 / 90 mins, USD 35.00 / 45.00

Eliminating stagnation and pain, our deep tissue massage focuses on the back, calves and neck. Your therapist actively redirects circulation to reduce muscle aches and increase vitality.

#### BACK, SHOULDER & HEAD

#### 60 / 90 mins, USD 35.00 / 45.00

Begin with shoulder massage to provide deep relaxation to the stressed muscles, and improves the functioning of the lymph system while you enjoy with head massage.

#### FOOT

#### 60 / 90 mins, USD 35.00 / 45.00

A time-honored, Eastern tradition, thumb pressure to reflex points on the feet not only relieves tired, aching feet but also relieves blockages in energy flow and improves systemic functioning in the full body.





# THE SPA BODY SCRUB / WRAP / FACIAL

#### JASMINE & ROSE

60 mins, USD 70.00

Delicately ground jasmine rice and a few rose petals create a sumptuous feast for the body to calm the senses while gently exfoliating, moisturizing and softening, leaving skin firmer with a finer texture.

# TURMERIC & MINT

#### 60 mins, USD 70.00

A mixture of traditional herbs with turmeric powder which cleanses and removes tired skin cells. This scrub moisturizes and encourages new cell growth to produce healthier skin, while mint essence is an antiseptic and cleanser.

#### COFFEE

#### 60 mins, USD 70.00

Sourced from the jungles of Cambodia, this scrub awakens the senses, giving an energizing boost to the mind as well as improving circulation, leaving you with smooth and glowing skin.

#### PALM

#### 60 mins, USD 70.00

As the national tree, the sugar palm represents the high hopes and aspirations of the Cambodian people. Blending with aloe vera and jasmine, the body is draped in our palm mask then wrapped in warmth to nourish and replenish the body and make the skin as soft as silk.

#### PAPAYA

#### 60 mins, USD 70.00

Warming the skin with our rejuvenating, uplifting blend of papaya and grapefruit, wrapped in a hot cocoon, this is a full-body anti-ageing skin treatment for all types except the most sensitive. Exfoliating and deeply nourishing, you'll emerge with new energy and focus.

# CHOCOLATE

#### 60 mins, USD 70.00

A delicious blend of cocoa and hydrating ingredients gives the body an intense moisture treatment. This nourishing wrap also firms the skin and improves your skin tone, increasing circulation and boosting your metabolism.

# AROMA

# This purely natural, aromatic oil facial soothes and calms. Jasmine, ylang ylang, neroli and lavender come together to eliminate dryness, reduce fine lines and richly nourish. Great for all skin types, even the most sensitive.

# OXYGEN-C

# 60 mins, USD 130.00

Boost skin's radiance and radically brighten while mitigating the negative effects of pollution, lifestyle and stress. Vitamin c and hyaluronic acid work together to hydrate, correct pigmentation and drench skin in reparative antioxidants. The result is a brighter, clearer, more vitalized complexion.

# ELIXIR OF LIFE

# 60 mins, USD 100.00

Emerge with visibly tightened and toned skin, naturally. Firming with complex elastin and bio-actives, this smoothing, wrinkle-reducing treatment offers relaxation and a lasting boost of fresh, youthful energy.



# 60 mins, USD 100.00

# THE SPA PACKAGE & BATH

#### SERENITY

2 hours, USD 200.00

Unfold into a place of deepest relaxation. We utilize patented hydration technology to reduce skin hydration, one of the major causes of pre-ma- ture ageing, while gentle touch direct the body and the spirit to a place of inner peace and pure serenity.

Signature Massage

Oxygen C Facial

#### PURITY

3 hours, USD 210.00

Eliminating the unnecessary and restoring the essential, this cleansing and replenishing sequence blends Cambodian treasures with healing touch.

Lotus Scrub

Palm Wrap

Deep Tissue Massage

2.5 hours, USD 215.00

#### ENERGY

Realigning the spirit with an uplifting energy, wake up the body with invigorating therapy and replenishing hydration and regain clear focus.

Coconut Scrub

Milky Bath

Elixir of Life Facial



# MILKY

Soak in the perfume of the apsaras. Fragrant rose, lotus petals and eucalyptus combine with basil milk to deeply hydrate, soothe and renew, refreshing and relaxing.

# LEMONGRASS

Slip into the healing of a bath rich with lemongrass, rosa chinensis petals and herbal salt, a revitalizing blend working to renew the body and its systems and at the same time combating stress and fluid retention.

# KAFFIR LIME

# 30 mins, USD 45.00

30 mins, USD 45.00

Referred to as the laughing citrus in Khmer, the kaffir lime essential oil, plai, eucalyptus acts to relax the body, stimulate blood flow, calm the emotions and moisturize the skin.



# 30 mins, USD 45.00